



SAY THAT AGAIN IN A NUTSHELL

The Individuation of Consciousness



Here is a graphical representation of the individuation process. As Consciousness gets to know itself through the medium of physicality, it creates cooperative *systems* of awareness that are ever more sophisticated. We have the gift of *conscious* Self-awareness—which allows us to reflect on *what we have created*, in order to modify our beliefs and thoughts in the creation of that which we prefer.

